



RUN.GOBBLE.NAP

TURKEY TROT STL



RACE DAY INSTRUCTIONS

DATE

Thanksgiving, November 23, 2017

SAFETY

The safety of our participants and volunteers is our primary concern. The event will be cancelled if extreme winter weather will make travel to the event or participation in the event hazardous. Any notice of cancellation will be posted at www.turkeytrotstl.com no later than 5am on Thanksgiving morning. **PETS ARE NOT ALLOWED.**

LOCATION, DIRECTIONS & PARKING

The Family Arena, 2002 Arena Parkway, St. Charles, MO 63303.

- From I-70's South 5th Street exit (#229), drive south for two miles. The Arena is on the left.
- From Highway 364 (aka, the Page Avenue Extension), exit at Upper Bottom Road/Arena Parkway (#14) and drive north 1.5 miles. The Arena is on the right.

Parking will open at 6:15am. Please follow the guidance of our parking crew, who will direct you. Nearly three thousand vehicles will be arriving, so expect parking to take some time, and arrive early. Please carpool, if possible, and park safely, quickly, and efficiently. We advise keeping your doors closed for 60 seconds after parking to allow others to park next to you easily.

SCHEDULE

- 6:15am Parking and Packet Pickup Open
- 8:00am 5K Starts
- 8:45am Awards Ceremony for Overall Winners & Awards Table Opens
- 9:00am Swag Swap Opens
- ~9:15am ½-Mile Youth Race Starts

RACE NUMBER, SWAG, AND DONATION

If you did not do so on Tuesday or Wednesday, you can pick up your race number and swag item on race morning beginning at 6:30am. If you do not pick up your item by 9:00am, your swag will no longer be guaranteed. Please place your canned food item or packaged toiletry into one of the Donation boxes. If you would like to exchange your commemorative shirt for one in a different size, please visit the Packet Pickup tent after 9:00am for swag swap.

STARTING PROCEDURES

Please proceed to the starting line ten minutes before the start of your race. There will be pace signs along the start line area, so please look for the sign with your anticipated pace and line up accordingly. **Those with strollers, please line up in the rear.** Please wear your race number visibly on the front of your torso to ensure your timing chip works. The 5K race will start immediately after the playing of the National Anthem. The kids run will start at approximately 9:15am.

FACILITIES & REFRESHMENTS

Portable toilets will be available. Water will be provided once on the course. Breakfast will be provided by Chris Cakes which will include pancakes, sausage, tropical fruit salad and chocolate milk. Water will be available at the finish.

AWARDS, RESULTS & PHOTOS

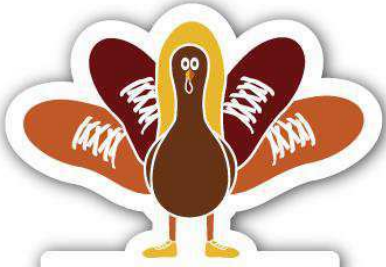
Plaques will be awarded to the top three overall finishers and the top three in five-year age groups. Plaques that are not picked up on race day will be available at Fleet Feet St. Charles (3813 Mexico Road) by 11/30. Results and photos will be accessible from www.turkeytrotstl.com.

THANK YOU!

On behalf of Fleet Feet Sports, O.A.S.I.S., and St. Patrick Center, thank you to Asics, ON, our great volunteers, and the many participants who make this event possible!

-The Fleet Feet Race Productions Team

ST. CHARLES



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- 5K COURSE
- KIDS COURSE
- COURSE DIRECTION
- MILE MARKERS
- WATER STATION

